



Newtown Festival '18

A world of food & music

SUN 4 MARCH

450 STALLS AND 14 STAGES

Newtown News

BROUGHT TO YOU BY THE NEWTOWN COMMUNITY AND CULTURAL CENTRE

NEWTOWNCOMMUNITY.ORG.NZ

Kia Ora Newtown.

It is Newtown's favourite time of the year - festival time! It's Newtown Festival's 22nd Birthday. Always a popular one, with over 80,000 guests expected to the party! Always growing - this year it's bigger and better than ever with 14 stages and 450 stalls.

So it seemed only right to make this issue of the Newtown News a bumper issue with 12 pages for you to thumb through. You can't say we don't spoil you - it's also printed on fancy shiny paper! Make sure to pack this issue in your bag along with your P.W.K (*Phone, wallet, Keys*) and some sunblock (fingers crossed for sun)! The handy timetable in the centre will let you know where you wanna be.

On the festival day, I'll be suffering from huge bouts of F.O.M.O (*Fear Of Missing Out*) on some of the awesome bands as we (wo)man the community centre stall. This year we are teaming up with our mates at The Wellington Timebank to run a booth called "The Free Shop", where we celebrate and educate on the sharing and gift economy. It's here you can get yourself a free compliment, smile, animal fact, high five, dried apricot and other weird and fun things we come up with! Intrigued? Confused? Don't let us be lonely - come visit me and Renee opposite the Community Stage on the corner of Constable and Riddiford Streets to learn more about what we get up to at the centre, and what the heck Wellington Timebank is!

In case you're too busy eating all of the food to stop on by, check out "What's The Happs?" on the back page to find out what else Newtown has to offer in March.

Until next time, have a great festival day and a great month!

Ngā mihi,

Eryn Gribble
newtowns.newsletter@gmail.com

Cover art and design by the wonderful Kelly Spencer.
Check out her website kellyspencer.co.nz

Thanks to the support of our amazing local businesses! Please support them back!



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A word from the Newtown Festival Team!

NEWTOWNFESTIVAL.ORG.NZ

On Sunday, March 4th the heart of Newtown is the home of New Zealand's largest annual street fair and free music festival. For one fabulous day, our suburb transforms into a colourful, vibrant hub. Over 450 stalls offer all sorts of treasure. Delicious food from around the world, art, craft and music will fill the streets to be enjoyed by thousands of people of all ages.

Newtown Festival is a day of celebration of culture, creativity and talent with over 100 performances on 14 stages – everything from Kapa Haka to Russian folk songs, Latino music to electronica. What a day to see and hear amazing live music from some of the very best local and internationally famous acts.

Come and shop for treasure at the stalls, dance with the crowds in front of a stage or join in the free street sports in Donald Mclean St. You can find a quieter zone amongst the craft stalls in Green Street or in the family area in Arney St with a chill out space for parents and free games and a circus shows to entertain the children.

Come early, bring your family and friends, and enjoy the fabulous atmosphere of Newtown Festival.

Newtown Residents' Association Inc

Our Association has worked actively for many years to make our community a thriving, diverse, great place to live. We are one of the threads that tie the Newtown area together as a community, not just a suburb, and we welcome anyone who lives, works or plays in Newtown or the surrounding suburbs to join us.

We meet on the third Monday of every month between February and November at the Newtown Hall at 71 Daniell St, at 7.30pm. We also have an emailed Newsletter – we would love to have everyone with an interest in Newtown on our mailing list, and you can sign up on the website or give us your name and email at Kia Ora Newtown, 6 Constable St, on Fair Day – or indeed at any time.

We advocate for residents, and lobby the relevant bodies when local issues need attention. In recent weeks the big issue has been the threatened closure of the Newtown Post Shop and Kiwibank and we have been pleased to support the local residents trying so hard to get this decision reversed.

Our Neighbours' Night was such a success last year that we are doing it again on March 16th, with support from Wellington City Councils Neighbours' Day grant and various other local groups. It is one of the great things about Newtown that there are so many groups and individuals willing to join together in the spirit of Community!

Rhona Carson

President, Newtown Residents' Association



Notorious Newtowner

Eryn Gribble kicks her boots off, cozies up on the couch of a sundrenched living room in Newtown and listens to Kirsty Resink's life story!



This fascinating wahine has enough stories for a series of novels! Kirsty spent her mid 20s in London managing the women's department of a high profile fashion department store, dressing the rich and glamorous - including the likes of Kate Moss. After the breakup of her first marriage she was inspired by an email from a friend that said "learn to work harder on yourself than you do your job". Kirsty detoxed from the fashion world, taking one skirt and two t-shirts and listening to her Father's advice to visit a monastery in Taizé, France.

Kirsty was seeking guidance and feeling a bit lost with life and she was hoping this visit would give her some clarity. One day she was sitting in a field praying and musing about what life could look like

for her, " I got this voice in my head that simply said : love and be loved, and I knew that would guide me". Kirsty has followed that simple mantra ever since.

Returning to New Zealand in 2004 Kirsty was happily single. She recalls laughing as she read in the local paper that the Kapiti Coast was experiencing a man drought. "I wasn't bothered, my relationship with Jesus was tight! I was headed for the nunnery!"

Then Mark Johnston rolled into town for a speaking engagement. They met on the Waikanae beach and were immediately smitten with each other! Kirsty would eventually move to Minnesota, USA, to be with Mark, where he was the pastor a small urban church. The congregation was filled with punks, artists and musicians - definitely not your usual bunch! It was located in a rough part of town where drug use, prostitution and poverty was prevalent which was a bit of a culture shock for Kirsty.

Summers in the States would be spent in an old beat-up yellow school bus on the road to attend the remote 'Rainbow Gatherings' where hippy-types congregate to celebrate a shared ideology of peace, freedom and respect, connecting on a spiritual level, but not always agreeing on religious beliefs!

The couple now reside in Newtown where Mark is the Pastor of St Thomas' Church on Riddiford Street. Kirsty supports this work and raises their two 'sparkly' boys Micah and Lukas. 'St Toms' is a community church with diverse churchgoers, including many who have unique needs and challenges. The couple are very much involved in the community, working with other organisations to hold events and run programmes that enrich Newtown life! This work even extends to the family whare, where people experiencing hardship are often welcomed into the home to stay.

Kirsty gives so much of herself to supporting and empowering others - I ask her what she does to relax and she tells me how she slips off to hot yoga every morning before everyone else gets up!

With that our time for talking is up. This staunch atheist enjoyed her afternoon chatting with Kirsty and hearing her passions for life (and God). I think we can all agree "love and be loved" is a great mantra to live your life by, no matter what your religious affiliations!

Newtown Community and Cultural Centre (rocks!)

It's that time of year that we celebrate all things Newtown - including the self-proclaimed jewel in the suburb's crown, the Newtown Community & Cultural Centre. If you don't already know about all the great things that take place here, then a) where have you been?!, and b) get the heck over here already! Or failing that, at least cast your eyes over our little run-down of some of the things happening at the centre...

- **Yoga and more yoga (and other exercise classes):** Love getting your downward facing dog on, but don't really love shelling out 15 bucks a time to do it? Come along to the community centre's community exercise classes, where qualified and experienced tutors lead you through yoga sessions, tai chi classes and step aerobics workouts, all for just **\$2 a pop!**
- **Space for hire:** we manage three different buildings and in total 7 different rooms and halls, all for use by the community! Spaces include a mirrored dance studio, meeting rooms, and a community theatre. If you need a space to host a private function, run a community activity, hold a fundraiser or put on a show, come talk to us! Rates range from \$6 to \$20 an hour. We also accept time credits for some of our rooms.
- **Sharing is Caring:** We love to share at the Newtown Community Centre! Get your late summer reading sussed from our FREE **Book Exchange**, or find something unexpected in our FREE **Exchange Box**. Join the **Wellington Timebank** and share time - meet your neighbours, get help with all kinds of jobs for FREE and let your skills shine by helping others in the Timebank. You'll be able to get all those jobs round the house done by joining the **Newtown Tool Library!** Once you've joined, all tools are FREE to borrow! And last but not least, join a **Newtown Boomerang Bags** working bee and help rid the world of plastic bags and waste fabric by making and sharing home-made reusable bags.
- **Newtown Youth Programme:** Our two Youth Workers help to make Newtown an awesome place to grow up with a range of programmes. We boast having the cheapest **School Holiday Programme** in Wellington. **Newtown Mentors** is where we match up a Newtown youth with an older and (slightly) wiser adult - cos it takes a village to raise a young person! We've also got a Neighbourhood **Art Club**, a **Citizenship Group** and a new afterschool **Kids Club!**
- **Random stuff:** We've always got random stuff on the go! From gigs and theatre productions, to political seminars and educational workshops (the Newtown Lecture Series will be running again this year!), there's often something for everyone going on here!

For more details about any of the above, or to find out more about other things taking place at the centre, visit www.newtowncommunity.org.nz. You can also give us a like on Facebook (just search for the Newtown Community & Cultural Centre) or sign up for our fortnightly e-newsletter by flicking us an email (info@newtowncommunity.org.nz). Feel free pop on by our office (with baked treats and/or fresh coffees in hand) to say hi and have a chat!

Until then... Renee and Eryn.

Newtown Festival '18



<i>Atiawa Toa FM</i> TANGATA WHENUA STAGE		<i>Olivia Sumich Presents</i> SONGS FROM THE OLD COUNTRY STAGE		<i>Accent Entertainment</i> LATINO STAGE		<i>Death Ray</i> WILSON ST STAGE		<i>New World Newtown</i> COMMUNITY STAGE		<i>Artists for a Living Wage</i> STAGE	
NTH. RIDDIFORD ST		EMMETT ST		COLOMBO ST		WILSON ST		RIDDIFORD ST/ CONSTABLE ST CNR		CONSTABLE ST	
Thanks to: E Tu Whanau, Te Upoko O Te Ika, Te Puni Kokiri						Thanks to: Parrot Dog, Goodnature		Thanks to: New World, Newtown Community & Cultural Centre		Thanks to: our performers and TIL Freight	
MC: ATIAWA TOA FM		MC: OLIVIA SUMICH				MC: HILLSY		MC: RICK SAHAR		MC: ATI TEEPA, GARRY SMITH, STEPHANIE ROGERS	
9:30AM	OPENING CEREMONY			Zamba Flam 10:00AM						Sheeps 10:00AM	
10:00AM	TUMA (Maori Martial Arts) 10:00AM							Tai Chi 10:00AM			
10:30AM	Nga Uri Taniwha 10:20AM	Bulgarian Dance Workshop 10:30AM		Clube Do Choro 11:00AM		Jef Minus 10:20AM		Move it Danceworks 10:20AM		The Travesties 10:50AM	
11:00AM	Grove Roots 11:00AM	Tary-Bary 10:50AM						Hula Fix 10:45AM			
11:30AM		Klezmer Rebs 11:20AM		Afrokan Quintet 12:00PM		Hans Pucket 11:20AM		The Scallywags 11:10AM		Gold Medal Famous 11:40AM	
MIDDAY	REI 11:40AM	Anastasia Dolinina & Matias Ceballos 12:10PM						Kubatana and the Moringa Dancers 11:40AM			
12:30PM	TnST 1:20PM	Mehana 12:50PM		Cumbia Bros 1:00PM		Zero Cool 12:20PM		Mighty Ukes 12:00PM		DJ Panda & friends 12:30PM	
1:00PM								Hawaiian Dance Wellington 12:50PM			
1:30PM	Matiu Te Huki 1:20PM	Tui Mamaki & Dinyosa Choir 1:40PM		C-26 2:00PM		Teeth 1:20PM		Sendam Rawkustra 1:20PM		Tudor Consort 1:20PM	
2:00PM											
2:30PM	Lisa Tomlins 2:20PM	Priest Fr. Alexey 2:35PM		Carlos Navae Band 3:00PM		Carb On Carb 2:20PM		Dimstore Skanks 2:20PM		Upper Hutt Posse 2:10PM	
3:00PM		Forn Sow Mai 3:00PM								All Seeing Hand 3:00PM	
3:30PM	Hedlok (Che Fu & King Kapisi) 3:40PM	Chris Berry 3:30PM		Soul Marita 4:15PM		Into Orbit 3:20PM		Cumbia Blazera! 3:30PM			
4:00PM						Richard Dada 4:00PM					
4:30PM		The Alex Moffat Selection 4:30PM				The Spines 4:20PM					
5:00PM	Broadcasting LIVE at atiawatoafm.com 100.9 & 94.9 FM					Motte 5:00PM					
5:30PM						Wax Chattels 5:20PM					
6:00PM						Ayn Randy 6:00PM					
6:30PM						The Beths 6:20PM				MOON 167 RIDDIFORD ST	
7:00PM						Unsantary Napkin 7:00PM					
7:30PM	BEBEMOS PRESENTS GARAGE PROJECT GARDEN PARTY HALL STREET			THE BAOBAB OASIS STAGE 152 RIDDIFORD ST		Bonaparte 7:20PM				Ras Judah and Cultural Embassy 8:00PM	
8:00PM	Berhampore New Savage Club 12:00PM-6:00PM			Nice Up The Dance 11:00AM-MIDNIGHT		Secret Show 8:00PM				Zillionz 9:15PM	
8:30PM	Horse Mana 7:00PM			The Shuffle 8:30PM						Suico d'Alma 10:30PM	
9:00PM	Sky Canvas 8:00PM										
9:30PM											

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450 STALLS AND 14 STAGES
newtownfestival.org.nz

<i>Fulton Hogan</i> BUSKERS PITCH	<i>Tutara</i> NEWTOWN AVE STAGE	<i>Noeplace</i> CURBSIDE CABARET	<i>Momentum meets Sub-Bass</i> RENEGADE BASS SOUND SYSTEM	<i>Colossal</i> THE CIRCUS HUB STAGE	<i>RadioActive.FM & Coffee Supreme</i> SOUTH STAGE
MCDONALDS CARPARK	NEWTOWN AVE	NORMANBY ST	DONALD MCLEAN ST	ARNEY ST	STH. RIDDFORD ST
Thanks to: Summer City	Thanks to: TIL Freight, VUWSA	Thanks to: Meow & Caroline		Thanks to: The Circus Hub	Thanks to: Massey University College of Creative Arts
MC: MR FUNGUS			MC: MANAIA TOA & NAM CHUCKS	MC: RICH MARTIN	MC: MAGGIE TWEEDIE & JOE BLOSSOM with RadioActive DJs
The Famous Rubberband Boy 10:00AM		Josie Moon 10:00AM	Sub:Bass 10:00AM	Cirque du Newtown 10:00AM	Ras Judah 10:00AM
Sport Suzie 10:45AM	No Accident 11:00AM	A Girl Named Mo 10:50AM		Cirque Cabaret 11:00AM	Sam Manzanra Africa Dance Experience 11:00AM
Kozo Kaos 11:30AM	Slow 11:45AM	Edie 11:40AM			
Pablo The Puzzle 12:15PM	Secret Show 12:30PM	Bad Friend 12:30PM	Momentum (UKNW) 12:30PM	Le French Confection: Boomtown Okrabats 12:15PM	Newtown Rocksteady 12:30PM
Mr Fungus 1:00PM	Alexa Casino 1:15PM	Earth Tongue 1:10PM	Sub:Bass 1:10PM		
The Famous Rubberband Boy 1:45PM	Physical 2:00PM	Hera Lindsay Bird 2:00PM	Momentum (Taiko/Nutron) 2:00PM	Cirque Cabaret 1:45PM	Ladi6 2:00PM
Sport Suzie 2:30PM	E/N/T 2:45PM	Wallace 3:00PM	Sub:Bass 3:20PM	Le French Confection: Boomtown Okrabats 3:00PM	Onono 3:15PM
Kozo Kaos 3:15PM	Strange Stains 3:30PM	Dam Dans 3:50PM	Momentum (Faction vs Faction) 4:00PM	Cirque du Newtown 4:00PM	Solid Gold Dance Crew 4:10PM
Pablo The Puzzle 4:00PM	Career Girls 4:15PM	Connor Moore 4:30PM	Dub fi Dub (Sub:Bass vs Momentum) 5:20PM	Solid Gold Dance Crew 5:00PM	Orchestra of Spheres 4:15PM
	Rainbow Chan 5:00PM				
	Signer 5:45PM				
BLACK COFFEE 133 RIDDFORD ST	Tei. 6:30PM				Broadcasting LIVE at radioactive.fm & 88.6FM
Ska Man 1:00PM	Ludus 7:15PM				
Bamzel 3:00PM					
Danny Lemon 5:00PM					
Red Bird 7:00PM					
Earl Grain 9:00-11:00PM					
STREET PARADES & EVENTS					
<p>Big Girls Bric A Brac Ravers 6:00PM Capoeira Angola Wellington - Donald Maclean St. 11:00AM-12:45PM Fire & Emergency Burning Kitchen - Donald Maclean St. 9:45AM 10:45AM 1:00PM 2:00PM 3:00PM 4:00PM Myrtle The Mermaid Wellington Batucada Latino Stage 3:45PM Community Stage 4:30PM</p>					

Backstage Pass

Emma Hall-Phillips gets the low down from Kieran Monaghan and Gussie Larkin - stage managers for the 'Living Wage Stage' and 'RadioActive.FM & Coffee Supreme South Stage' at the upcoming Newtown Festival.

LIVING WAGE STAGE

Hi Kieran! How long have you been running the Living Wage stage for and what is the ethos behind it?

The Living Wage stage is now in its third year at the Newtown Fair and has been organized by Aotearoa Artists for the Living Wage.

The platform seemed like a brilliant opportunity to be able to put a spotlight on all the progressive creative performers who support the kaupapa behind the Living Wage movement. That is the idea that workers (and by extension that of their families and whanau), require a wage that enables them to be able to live, contribute and participate in community life.

The Living Wage stage generally has an eclectic mix of artists/poets performing - what can we expect this year?

It has been really important that the stage reflects as much diversity as we can muster and there's always more that misses out. We hope that this is clear evidence of support for the Living Wage movement, from many varied differing communities in which we inhabit. It is an opinion which is not limited to one specific demographic group.

What has been your most memorable moment at Newtown Festival?

For me, I think the greatest memory is that we are in fact included in the fair. It's a massive opportunity to further raise the profile of this important campaign, and to celebrate the now numerous successes, in a community which will certainly benefit from the reduction of imposed low-wage hardship.

RADIOACTIVE.FM & COFFEE SUPREME SOUTH STAGE With the support of MASSEY COCA

Hey Gussie, this is your first year working with the festival, welcome! What is it that drew RadioActive to Newtown Festival?

Radio Active have been big longtime supporters of Newtown Festival! There's so many artists who have played at Newtown Festival who are part of the Radio Active whanau. It's such an important event for New Zealand music and we're all looking forward to getting amongst the chaos with our friends Coffee Supreme and Massey COCA..

Radio Active is renowned for showcasing an array of exciting genres and artists - what artists are you guys keeping an eye on at this years festival?

We're so excited for the diverse bunch of artists performing on our stage. Among the line up we've got the always astonishing Orchestra of Spheres, festival stalwarts Newtown Rocksteady and a fresh new band killing the scene, ONONO, and the headline act is the amazing Ladi6 and her band!.

You can't do Newtown Festival without...?

COFFEE. Come down to the RadioActive.FM & Coffee Supreme South Stage where Coffee Supreme will be pumping out tasty beverages to keep you cool and caffeinated.

Backstage Pass

Emma Hall-Phillips gets all the goss with James Coyle from Newtown Rocksteady.



Congratulations on the release of your debut album "East of the Tasman". How does it feel to have a full-length record out there after ten years together?

To have songs out there penned by the many hands of the band feels like a huge accomplishment. I also think it was the right time; to record ska, rocksteady, or reggae grooves (and not being from Jamaica) actually takes years to get feeling good.

Year after year Newtown Rocksteady perform at the festival, what do you enjoy most about playing at Newtown fest?

I have always thought of Newtown Rocksteady as a tool to introduce new areas of the festival cos we're a trusted good time, and people make the effort to come down and check out our set. This year will be no different, playing at the Radioactive.FM and Coffee Supreme South stage.

When you're not jamming out at the festival, where can we find the members of Newtown Rocksteady hanging out?

We are quite international now with members living in Paris, Canada, Palmy, Lyttelton, the Hutt, Island Bay, Miramar, Mornington, Berhampore, Owen St and Adelaide Rd!

You've been described as the Newtown house-band, how do you feel the area has influenced your music?

All of our recordings and most of our jams have been in the Newtown area, so it can't help but be hugely influential. For the past 10 years we have jammed almost every Monday night in Newtown. In that 10 years, so much happens that it ends up being brought into your music and shared with your friends. It's a safe space to share all the moments and memories in our music and on the Rocksteady dancefloor!

You're feeling snacky after your set, what's your go-to food stall?

Any food stall that makes sure they have compostable packaging.

After the festival - what's next for Newtown Rocksteady? Do you have anymore shows coming up?

We just booked our next summer tour in Nelson, Golden Bay.

Our Town Newtown - Where to in 2018?

We hope you have heard about the "Our Town Newtown" project. Perhaps you responded to the questionnaire, attended one of the "Shine a Light on Newtown" public events, or dropped in to the Pop Up Shop at 199 Riddiford Street and have seen Newtowners' ideas displayed there.

In case you haven't heard about it, Our Town Newtown is an exciting collaboration between Wellington City Council and Newtown locals which provides Newtown with an opportunity to collectively develop ideas and identify how to best spend \$3.4 million of Wellington City Council funds allocated to the development of WCC owned community facilities in Newtown.

We've collected 473 responses to our questionnaire, we decorated the 'Pop Up Shop' at 199 Riddiford St with your ideas and welcomed you to visit us there over a period of 8 weeks and approximately 500 of you walked through. We held three Shine a Light on Newtown events where community organisations operating in Newtown were showcased. Special efforts were made to include diverse voices.

We have spent the last three months collating your responses and are looking forward to sharing our report with you! Check out the page opposite for details of our next public event and give us a like on Facebook - www.facebook.com/ourtownnewtown.



-IT TAKES ALL KINDS OF INGREDIENTS TO BAKE A NEWTOWN CAKE-



PROGRESS REPORT PARTY!

MARCH 6th/2018

6pm to 8pm - Free event

Dinner served at 6pm

WHERE Newtown Community and Culture Centre
Cnr of Rintoul and Colombo St

WHAT PROGRESS REPORT

We want to share with you – the Newtown Community – what you've told us about your ideal community facility for Newtown. We'll also chat about what we're doing now, and what is coming up next.

Please join us for dinner!

Gluten free / vege / kid friendly delicious nutritious food.

WHO *all welcome!*



Newtown Community & Cultural Centre 2009 Trust



**Absolutely Positively
Wellington City Council**
Me Heke Ki Pōneke

Co-op Cooperative Ltd.
collaboration architecture environment and design



WWW.NEWTOWNFESTIVAL.ORG.NZ

To make the most of your festival day we recommend you dig out your smartphone from the depths of your pocket and jump on our website! It's here you can find loads of information including a street map which will help you navigate the streets with ease.

Got cravings for fried bread and need to locate where it is ASAP before you get hangry? Check out newtownfestival.org.nz/stalls/ for a searchable list of everything that's on offer.

What's the Happs?

NEWTOWN NEIGHBOURS' NIGHT 2018

The Newtown Residents' Association are running their fabulous Newtown Neighbours Night at Newtown Park! It will be an evening get-together with free food, activities and entertainment for all. If you'd like to help out in anyway you can get in touch at newtownwellington@gmail.com. Or just come along on the day and enjoy! Friday 16th March, 5.00pm - 8.00pm, at Newtown Park.

THE GREAT NEWTOWN GARAGE SALE DAY

There will be garage sales all over Newtown on Saturday 10th March. Time to start planning if you are a seller - and to chuck it in your diary if you are a buyer! Potential sellers out there - is it time you had a good clear-out? Do you want to turn some stuff you never use into cash and free up some space? If you want to take part, contact the Newtown Festival team at garage.newtown@gmail.com - include your name, address, and a short description of the type of things you'll be selling. They'll list you on the map, publicise the event & give you some handy hints to maximise success! Saturday 10th March from 9am.

\$2 EXERCISE CLASSES

The repairs to the Newtown Community Centre are finished (yay!) which means that all five of our \$2 exercise classes are up and running! Come along and set your healthy New Year's resolutions into motion! Thanks to Tū Ora for funding these classes. Mondays, 9.30-10.15, Body Strength; Tuesdays, 10-11.30, Advanced Tai Chi; Tuesdays, 10-11.30, Baby Friendly Yoga & Chai; Thursdays, 10-11.30, Yoga & Chai; Friday, 10-11.30, Beginner Tai Chi.

WELLINGTON MEDITATION COURSE

What is really important in our lives - and what is not? In our challenging and dynamic modern world, meditation brings clarity, purpose, simplicity and calm. Come along and learn this valuable life skill in a FREE 3 week introductory course, Monday March 12th, 19th and 26th, 6.30-8pm at Network Newtown 9-11 Constable St. Please note that this is a structured course so kindly do not join after the 2nd week. See the website for more information: www.wellingtonmeditation.org.

BOOMERANG BAGS

Boomerang Bags Newtown is back! We're on a mission to eradicate plastic bags in Newtown by upcycling waste fabric into reusable shopping bags! Join us! We are in search of seamsters, cutters, printers, organisers, marketers & social media pros, good vibe creators (to keep the volunteers happy) schmoozers (to get the businesses on board) & any other skills you think would be useful. Our bees are fortnightly on Thursdays, 5.30-7.30pm, starting 8th March at the Newtown Community Centre. Contact info@newtowncommunity.org.nz for more info.

HEARTBEAT - CPR FOR COMMUNITY

Each week on average four people suffer a cardiac arrest somewhere in Greater Wellington and Wairarapa. The chances of someone surviving cardiac arrest go up hugely when bystanders get straight into administering CPR, and keep on doing it until help arrives. Learn CPR. Save a life. The Wellington Free Ambulance Heartbeat team are running 2 training sessions at the Newtown Community Centre on Tuesday 27th March, 1-2.30pm and 6-7.30pm. Register by emailing eryn@newtowncommunity.org.nz or call 04 3894786. Sessions are free and available for everyone.