

Newtown Festival '19

NEWTOWN NEWS

BROUGHT TO YOU BY THE NEWTOWN COMMUNITY AND CULTURAL CENTRE



SUNDAY 3 MARCH

14 STAGES • 450 STALLS

NEWTOWNCOMMUNITY.ORG.NZ

KIA ORA NEWTOWN!

The Newtown Festival is upon us, so feast your eyes on this *jams*-packed special festival edition of the Newtown News. Importantly, you'll find the programme in the centrefold, so you can plan your day from the luxury of the couch beforehand and preserve your phone battery. Then take it with you on the day so you can smugly consult it, avoid the queues around the big printed programmes, and enjoy some quality reading between sets.

Public health warning: If you're reading this after the festival and you didn't get to go (howwww? whyyyyyy??!), just close your eyes on the programme page so you don't get too much FOMO (Fear Of Missing Out). But definitely check out 'Newtown Community Centre ROCKS' and 'What's the Happs?' to prevent future FOMO.

In this special festival edition, we don't want you to only feast your eyes, we want you to feast your ears too, so we've employed a special Musical Matcher (think sommelier of the music world) to match each of our articles with a musical track. So get out your headphones and have a listen while you read. Some of these bands you'll be able to track down at the festival, but we've included a few others as well.

Personally, having taken seven years of guitar lessons as a kid, but being unable to play a single note, starting a band has always been an impossible dream. But reading Ingrid's top tips on starting a band almost makes me feel like picking up a guitar again (or at least a triangle!). However, I'm keen not to pretend that the music scene in Newtown, Wellington, Aotearoa or indeed the world is all happy and shiny, so we've got some real-talk about the ups and downs from an anonymous wāhine toa (strong woman) who is a musician in Wellington.

I'd also like to acknowledge that March 31st is *International Transgender Day of Visibility* - so love and solidarity to all our trans and gender-diverse whānau in Newtown and beyond.

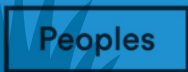
Thanks so much to the Newtown Festival and the Newtown Residents' Association for putting on what looks to be yet another banger of a festival. Mā te wā, we'll see you there.

Ngā mihi,



ellie@newtowncommunity.org.nz

Thanks so much to the Newtown Festival Trust for this extra special glossy bumper edition of the Newtown News, beautifully composed by the talented Kelly Spencer



The views and opinions expressed in this publication are solely those of the original authors and other contributors.

These views and opinions do not necessarily reflect those of the Newtown Community & Cultural Centre.

MUSIC MATCH

Avoid the FOMO
by sampling the lush fruity aromas
of Imugi's (이무기) **I AM**
bit.ly/2E41VAj

A WORD FROM THE NEWTOWN FESTIVAL TEAM

NEWTOWNFESTIVAL.ORG.NZ

On Sunday 3rd March, we present to you Aotearoa's largest annual street fair and free music festival: Newtown Festival! We would like to acknowledge the mana whenua, Te Atiawa Taranaki whānau, and their support of this event. For one fabulous day, our suburb transforms into a colourful, vibrant street party.

There are over 450 stalls offering food, art, craft, fashion and more from around the world. Come and shop for treasure! Bustle and hustle in Riddiford St, join in on the free street sports on Donald McLean St, ride bikes on Gordon St, or find a quieter zone amongst the craft stalls in Green St. You can also find Fun Street, a family area in Arney St with its chill out space for parents, free activities and circus shows to entertain young and old.

Newtown Festival is a day of our different communities coming together to celebrate culture, creativity and talent with over 130 free performances! From kapa haka to traditional Chinese dance, singer songwriters to drum and bass DJs, psychedelia to performances dedicated to the living wage. Joining our huge, wild, diverse lineup we warmly welcome Bic Runga and Ria Hall to our stages. It's going to be a great day to discover some emerging talent, check out your local favourites, and show your fandom for the famous!

Come early, bring your family and friends, and soak in the atmosphere that is Newtown Festival. See you there!



DO YOU LIVE, WORK OR PLAY IN NEWTOWN? THEN OUR ASSOCIATION IS FOR YOU!

We meet on the third Monday of every month between February and November at the Newtown Hall at 71 Daniell St, at 7.30pm. We discuss what is going on in and around Newtown, and we often have guest speakers from the Council and other organisations talking about their projects and consultations. Everyone is welcome; you don't have to be a member. The next meeting will be on Monday the 18th March.

We are also hosting the Neighbours' Night at Newtown Park on Friday March 29th from 4.30pm – 7pm, do join us for an evening of free food and fun. Hope to see you there!

We encourage everyone with an interest in Newtown to sign up to our e-newsletter. You can give us your name and email at Festival headquarters at Kia Ora Newtown, 6 Constable Street, on Fair Day, or see the link on our website: newtown.org.nz, or check out our Newtown Residents' Association Facebook page, there's a sign up button there.

Rhona Carson
President, Newtown
Residents' Association



MUSIC MATCH

Match this full-bodied, sweet and local vibe with Ria Hall's

TE AHI KAI PŌ
bit.ly/2UQfjm0

NOTORIOUS NEWTOWNER

Sam Manzanza is known as “the King of Afro-beats in Aotearoa”. Sam and Ellie caught up at the Community Centre one sunny afternoon...



It's up for grabs what you'll see first of Sam Manzanza in Newtown. His huge smile? Or perhaps his brightly coloured traditional African clothes? Either way, his brightness and cheerfulness is infectious, much like his music. Sam is a Wellingtonian through and through - he tells me heaps of history about Wellington that I didn't know - and he's also proud of his Congolese roots, having originally moved to Aotearoa in the 80's. Music is an integral part of Sam's life - "Music is to me as water is to a fish!" - and his full-time project is Sam Manzanza's Afrobeat Band.

Sam's philosophies of life and of music are relentlessly positive: "Just be happy, be yourself. Having a smile on your face brings happiness!" Seeing his music as "a gift from nature to make people happy", Sam says of his gigs, "I don't sing sad songs. When you come to listen to me, you'll forget your sadness. I'll take you to the moon! You'll forget your life on earth where your boyfriend dumped you, or you're having a hard time!"

Sam shares his music and culture generously with his fellow Wellingtonians - from his habit of saying hello to everyone in the street, to teaching drumming, to organising huge events like Africa Day (11 May), which has become a day of sharing cultures from across the world. Many drumming teachers across Aotearoa have also learned their skills from Sam, who feels "proud to have planted the seed which became a tree, which dropped seeds, which grows new trees..."

Sam loves Wellington, and particularly Newtown: "Wellington is my town and Newtown is my suburb. Sometimes I move for a little while, but I always come back!" Newtown is his favourite, mostly for the people: "Different cultures, different ideas, different characters... Some with bare feet, some with very nice clothes - there's so much culture and variety!"

This is starkly different from when Sam first arrived in New Zealand. He can remember a time when he was one of only two people originally from African countries in Wellington. With a lot more former refugees and migrants arriving since then, the face of Newtown - and Wellington - has changed. Sam wants to inspire these new Kiwis "to bring the good things they know from their country here, to develop New Zealand. I brought African music and African culture... People shouldn't be ashamed of their culture."

So, go to Africa Day, learn about African culture, and come and see Sam Manzanza play at the Newtown Festival (at the Tuatara Colombo Street Stage). Have a dance, have a smile, let him take you to the moon and leave your worries behind... At least for a little while.

MUSIC MATCH

Sam Manzanza is a full body experience, check out this

LIVE RECORDING

bit.ly/2WUO2ub

then wash it down with Fela Kuti's

classic **ZOMBIE**

bit.ly/2faRIGC

NEWTOWN COMMUNITY & CULTURAL CENTRE (ROCKS!)

On the corner of Colombo and Rintoul Streets you can find the home of the Newtown Community & Cultural Centre (NCCC), and all things awesome.

Here's just a few examples of what we have to offer:

- **Yoga and other exercise classes:** Love getting your downward facing dog on, but don't love shelling out 15 bucks a time to do it? Come along to our exercise classes, where qualified and experienced tutors lead you through yoga sessions, tai chi classes and step aerobics workouts, all for just \$2 a pop.
- **Space for hire:** We manage three Newtown buildings for the community, including a mirrored dance studio, meeting rooms and a community theatre. If you need a space for private function, a community activity or put on a show, come and talk to us. Rates range from \$6 - \$20/hour. We also accept time credits for the use of some of our spaces.
- **Sharing is Caring:** We love to share! Get your late summer reading sussed from our **FREE Book Exchange**. Join the **Wellington Timebank** and share time - meet your neighbours, get help with all kinds of jobs for FREE and let your skills shine by helping others. You'll also be able to get all those DIY jobs done by joining the **Newtown Tool Library**. Once you've joined, all tools are FREE to borrow! And last but not least, join a **Newtown Boomerang Bags** working bee and help rid the world of plastic bags and waste fabric by making and sharing home-made reusable bags.
- **Wash Against Waste:** Wash Against Waste is a resource containing cutlery, crockery & cloth napkins that can be hired for \$5 by the public to reduce single-use products at events, thereby reducing waste to landfill. Save money and the earth. Win/win!
- **Won't someone please think of the children?!** Every school holiday we run a two week programme for local primary-school aged kids, with fees as little as \$10 per day for CSC holders. Our youthies also run various other programmes for youths in Newtown.
- **Nom Nom Nom:** Got a rumbling belly? Friday lunchtimes from 12-1pm join our **Soup Group**, connect over some kai with other Newtown locals - all welcome, vegetarian provided, FREE. The **Quick Kai freezer** is always stocked with healthy ready to "heat and eat" meals made by and for the community. \$2 for low-income folks and \$4 if you're just too lazy to cook tonight. We also offer FREE **tea and coffee** complete with a comfy couch to chill out on in our drop-in room.
- **Hub of Helpfulness:** We share our centre with the **Citizens Advice Bureau**. They also offer a **Justice of the Peace** service to get all those documents signed and sighted from Monday-Friday 10.30am-12.30pm and FREE **legal advice** (by appointment).
- **Off-the-cuff stuff:** Random, one-off events happen here every week, including gigs, theatre productions, educational and political seminars, workshops, film screenings, art classes, dinners and lots more in between.

For more details about any of the above visit www.newtowncommunity.org.nz. You can also give us a 'like' on Facebook (bit.ly/2RVzqHl) or sign up for our fortnightly e-newsletter by flicking us an email at info@newtowncommunity.org.nz. Feel free to pop on by our office (with baked treats and/or fresh coffees in hand) to say kia ora and have a chat...

E noho rā,

Eryn and Ellie



Newtown Community & Cultural Centre



	1	2	3	4	5	6	7
9:30AM	ATIWA TOA FM TANGATA WHENUA STAGE NTH, RIDDFORD ST MC: DJ No L Mimi Whakatau (WELCOME CEREMONY) 9:30 - 10:00	NICE PLACE! SONGS FROM THE OLD COUNTRY STAGE EMMETT ST MC: Olivia Sumich	TUATARA COLOMBO ST STAGE COLOMBO ST MC: Harri	PARROTD OG WILSON ST STAGE WILSON ST MC: Hilsy Tiarede: Death Ray Records	NEWTOWN NEW WORLD COMMUNITY STAGE RIDDFORD / CONSTABLE ST CNR MC: Rick Sabar Tiarede: Newtown Community & Cultural Centre	ARTISTS FOR A LIVING WAGE STAGE CONSTABLE ST MC: Stephanie Rodgers Tiarede: TIL Freight	GARAGE PROJECT NEWTOWN AVE STAGE NEWTOWN AVE MC: Peoples Coffee The Haman Shop Tiarede:
10:00AM	Tohorā 10:10 - 10:40	Bulgarian Ensemble Horo 10:00 - 10:45	Ska Pai 10:00 - 10:45	Ilena 10:20 - 11:00	Move It Danceworks 10:00 - 10:15 Tai Chi 10:15 - 10:25 The Scallywags 10:30 - 10:50 JDK 10:50 - 10:55 Howlan Dance Wellington 11:00 - 11:10 Morinaga Dancers 11:20 - 11:50	ENT 10:00 - 10:30 Orangefarm 10:50 - 11:20	CRYSTAL 11:00 - 11:35
10:30AM	Mamazita 11:00 - 11:45	Vox Ethno 10:45 - 11:30 Mirian Coberion Dance School 11:30 - 11:45	Archie The Brave 11:00 - 11:45 BTD Bitches 11:45 - 12:00	Linen 11:20 - 12:00	Everybodies Choir 11:55 - 12:15	Ingrid and the Ministers 11:40 - 12:10	Maxwell Young 11:50 - 12:20
11:00AM	Mamazitā 11:00 - 11:45	Miriam Coberion Dance School 11:30 - 11:45	BTD Bitches 11:45 - 12:00	The Spectre Collective 12:20 - 1:00	NZ Myanmar's Cultural Performance 12:30 - 1:10	Ladyfruit 12:30 - 1:00	Ursula Le Sin 12:40 - 1:25
MIDDAY	IT 12:00 - 12:35	Samba Coletivo Aotearoa 12:00 - 12:45	Balkany 12:00 - 12:45	Earth to Zena 1:20 - 2:00	The Loose Cannons 1:35 - 1:50	La Cura 1:20 - 1:50	mHz 1:40 - 2:20
12:30PM	Nation 12:50 - 1:35	MaracaTui 12:45 - 1:05	Monique Aiken 1:00 - 1:45	Summer Body 2:20 - 3:00	Sendam Rawkustra 2:15 - 3:00	mr sterile Assembly 2:10 - 2:40	D. Tyrone 2:35 - 3:20
1:00PM	OgKushhh 1:50 - 2:50	Só Samba 1:05 - 1:50	Sky Canvas x Ants Ransley 2:00 - 3:00	Ben Woods 3:20 - 4:00	The Night 3:15 - 4:00	Qualen Mathlay 3:00 - 3:45	BIG FAT RARO 3:35 - 4:20
1:30PM	Brannigan Kaa 3:00 - 3:45	The Cosmonauts 2:15 - 3:00	Sam Manzanza 3:45 - 4:45	Hot Drugs 4:00 - 4:20	Narukami Taiko 4:05 - 4:20	Kadodo Drum & Dance West African Drumming 4:00 - 4:45	Totems 4:35 - 5:20
2:00PM	Ria Hall 4:00 - 5:00	Céili Mór with Wellington Irish Sessions 3:15 - 4:00	T-Bone Trio 4:15 - 5:00	Grayson Gilmour 4:20 - 5:00	Church Of Goya 5:00 - 5:20	Spook The Horses 5:20 - 6:00	Ana Te Kōtiro 5:35 - 6:05
2:30PM	Broadcasting LIVE on Te Upoko o Te Ika 1161AM Atiawa Toa FM 100.9FM or 94.9FM for Porirua	Wistful Tunes 5:15 - 6:00	Wistful Tunes 5:15 - 6:00	Rogernomix 6:00 - 6:20	BEING. 6:20 - 7:00	Holy Serpent 7:00 - 7:30	Imuqi 6:25 - 6:55
3:00PM				Miss June 7:30 - 8:10	Bloodbags 8:10 - 8:30		i.e. crazy 7:20 - 7:50
3:30PM							
4:00PM							
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6:30PM							
7:00PM							
7:30PM							
8:00PM							

BACKSTAGE PASS

WHAT ARE NEWTOWNERS LOOKING FORWARD TO AT OUR FESTIVAL?



ERYN, NEWTOWN COMMUNITY & CULTURAL CENTRE COORDINATOR & PROGRAMMER OF THE COMMUNITY STAGE

"I'll be slogging away most of the day working. At our stall we're giving away free banter and more importantly free sunscreen, so I'm looking forward to lots of visitors (corner Riddiford and Constable street)! You can listen to me prattle on about all the cool things the centre will be up to this year. I'll deft nip off for a break to get my jig on at Mermaidens (South Stage). I wanna eat ALL THE FOOD (but mostly carb-load on fried bread) and when we're all packed up for the day I plan to head over to Baobab to down a cold beer."

"I have a stage on the curb outside the shop during Newtown Festival. It's rad. Really looking forward to seeing local D-Beat punk band, Rogernomix perform. Auckland's garage trash band The Bloodbags, droney noise eggs Church of Goya, acid psych babes Linen, kraut party gents the Spectre Collective and not on my stage Womb! Also forgot to mention Tidal Rave, Mermaidens, O-Boy, Totems and a whole lot more. So much more!!!!"



**BOSS DUDE
AT DEATH RAY RECORDS**

MUSIC MATCH

If you have survived a full day of the sun and crowds at the Newtown Festival then consider yourself hardcore and quench your thirst with a straight shot to the gullet of Rogernomix's

COMPETING FREEDOMS
bit.ly/2tdL86c

WHEN TV IS YOUR ONLY FRIEND



You GOTTA check out Lenny Zook's rad art on insta [instagram.com/lenny.zook](https://www.instagram.com/lenny.zook) or lennyzook.com

Zook

MUSIC & MISOGYNY

BY AN ANONYMOUS WELLINGTON MUSICIAN...

Now sing along with me,
let's smash the patriarchy!



I've been writing songs for as long as I can remember. I've been playing guitar for over half my life. I've been performing on stages for 10 years, and for half of that time it has been how I make my living.

But I turn up to a gig and I know someone is going to tell me how to plug in my guitar, how to pass the lead through the strap, how to adjust the mic stand. I'll be playing support for someone who I am, by any measure, more successful than. It'll be a small venue, because I have a "gentle voice" and I'm "better suited to smaller venues". The sound engineer will assume I don't know what I'm talking about when I say I want the vocals clean with no reverb. They'll whack up the reverb - "it makes your voice prettier". The main act will sing some songs about girls, and how girls don't seem to like them, with the implication that girls are stupid because if they knew what was good for them they'd like them, but Nice Guys (TM) finish last. No one tells them to shut up or take their clothes off.

Sometimes the main act will copy my songs or use my lines - they've seen me perform a hundred times. After my set, at least one person will tell me how I could be more popular if I smiled more or dressed differently or went on X-Factor. Someone else will tell me how I could improve my playing. They could teach me, if I like. Maybe we could meet up to talk about it more. Uh, may I, please? Everyone in this story so far is a dude, except me. This is what it's like being a woman in the music scene aka the musical manifestation of the misogynistic world we live in. I don't feel safe and I don't feel respected.

But then someone will tell me they like my music. Will ask how they can buy my songs. Will ask if I want to join their singers' collective. Will discuss my lyrics with me, intelligently, respectfully. Maybe we'll start talking about how influential riot grrrrl and Angela Davis have been on both of us. They'll tell me they're doing a play in the Fringe Festival, and I'll say how much I want to come and see it. So I guess I'm just really grateful for the intersectional feminist badasses of whatever gender who go to gigs and do their bit to redress the balance and smash the patriarchy.

Thanks, I love you.

MUSIC MATCH

This piece has low notes of justified rage, but also a whiff of hope. Match this with Melbourne band Camp Cope's **THE OPENER** bit.ly/2uzdyeo and then smash back Miss June's **MATRIARCHY** bit.ly/2X6pNZZ

INGRID'S TOP TIPS FOR STARTING A BAND!

INGRID FROM NEW WELLINGTON BAND **INGRID AND THE MINISTERS**, DE-MYSTIFIES THE MUSIC BIZ.

Ingrid pretty much went straight from 0-100, from “not really ever played guitar in front anyone” to a year-ish later playing at the Newtown Festival. You **NEED** to check Ingrid and the Ministers’ ‘psychedelic frock’ out on the Living Wage stage! Here are Ingrid’s top-tips for starting a band:

- **DO IT!** “Just act, don’t talk. Get up on a stage and on your feet. When I started, I didn’t think that I had the capacity to do this. It was only by doing it that I realised that it sounded like a band and it became real - it blind-sided me!”
- **Be confident** “Confidently bring what you’ve got”, whether that’s a song you’ve written or an idea for a band.
- **Set yourself some deadlines** Book that first gig, set a date to play to some friends - “something will inevitably happen”
- **Ask who you know** - “Find some nice people you know who like music and have a little bit of time...if it doesn’t stick, that’s ok as well, things can change!”
- **Do the admin** “Write your charts and chords down, write down your decisions, structure everything. It makes people feel comfortable and confident in what you’re doing together”
- **Follow your gut!** “I don’t know much about theory, and I’d only ever done music as a hobby before this. Just go with what feels right”
- **Collaborate and see what sticks** “Just jam with people, it can take ages for a new song to start sounding right. Also, don’t underestimate what other instruments can bring to a song - it won’t sound the same when you’re writing it as when you add drums and bass and you’re like OMG it’s a real song!”
- **React to your audience** “Some audiences like to just be taken on a musical journey...Or some gigs, it feels different and they want banter!”
- **Make it fun** “We do live performances to inspire people to feel filled by the music and satisfy something in their soul - that’s what it does for us and we want to spread it out to the audience!”
- **Practice, practice, practice** “We practice once a week for a couple of hours, sometimes more closer to a performance! Run the whole set over and over as if it’s a live performance! Give it everything - go hard in rehearsal, ‘cause you’ve gotta have the stamina to do the whole set.”
- **Need a kick-start? Go to ‘How To Write an Album in 12 Hours’** “this opened the door for me! You’re stuck for 12 hours with a new band, having to write a song an hour and record it.” Keep an eye out for this at CubaDupa - what an awesome way to start a band!



MUSIC MATCH

Pair your first bold moves with the equally bold notes of Ingrid and the Ministers’
PEPPER AND SAND
bit.ly/2I2PuaB

and then round them out with Fruit Juice Parade’s **RICE COOKER**
bit.ly/2Sp2yf9

BACKSTAGE PASS

HOPE ROBYNS MACKAY HAS A WEE CHAT WITH HER DAD **DON MACKAY**, THE PROGRAMMER OF ONE OF THE NEWTOWN FESTIVAL'S NEW STAGES...

This is your first year programming a stage for the Newtown Festival. What's your stage called and what's it all about?



It's called the 'Fortune Favours Gordon Place Songwriters Showcase', and it aims to provide a stage to highlight the music of a whole bunch of local people who are out and about performing their own songs, but not necessarily getting the recognition and profile they deserve.

Who are some of the great local acts we can expect to see?

We actually have 15 great local acts across a range of styles, but I'm particularly interested in hearing The Polly Johnson set because I'm a bit of a fan and they've been busily recording over the last few months. I'm keen to see what they come out like.

I hear you're also organising musical events for Newtown outside of the festival, tell us a bit about that...

As a result of doing the festival stuff, and making a whole lot of contacts, I've stuck my hand up to run a monthly songwriters' night at Moon, which will be the third Sunday evening of every month, and each show will feature three acts. The first of these is really soon, on 17 February.

Outside of your own stage, who are you most excited to see perform at the festival this year?

Given that I'm going to be running a stage all day I'm kind of resigned to the fact that I'm not going to see very much else.

Ah fair enough, anything else you'd like to add?

I think it would be that since sticking my hand up to run this thing, a number of people have also volunteered to help me do it. I'd like to acknowledge and thank Vic Manuel, and Alan and Vivian Downes who also run the Newtown Acoustic Sessions at The Office Bar.

MUSIC MATCH

This screams earthy and salty and what better match than the The Polly Johnson Set's

LET ME COUNT THE WAYS (I LOVE YOU)

in all their rambunctious glory
bit.ly/2Suiv3W

WHAT'S THE HAPP'S?

HAPPENING AT NEWTOWN COMMUNITY CENTRE, CNR RINTOUL & COLOMBO STREETS, NEWTOWN

Abby's Queer Friendly 80s Aerobics (for fun!)

Bring a yoga mat or towel, water bottle, koha and your crazy 80s fashion! Just turn on up. Saturday 2nd March, 12 - 1pm

Cacao Ecstatic Dance

Woke Wisdom Community present Cacao Ecstatic Dance! Featuring Consciously Claire a cacao practitioner and Saxon Stardust a Addictions recovery coach with a passion for dance. Michael Sutherland joins on live guitar. \$39 per person. 9th March 7pm - 9:30pm. Email wokewc@gmail.com /visit bit.ly/2WXg-3Bq.

Neighbours Day - Newtown Community Centre Garage* Sale

*This garage sale isn't in a garage, nor are we selling garages! We are getting rid of loads of bits and bobs - books, craft supplies, furniture, tech gear, old stage props! Come on by and meet your neighbours and grab a bargain with all money going towards our upgrade project. Saturday 16th March 10am-2pm.

Armillaria - as part of NZ Fringe Festival 2019

9 Dancers take the arena in a fully immersive dance production from HAMEC. Descend into the interconnected web of Mycelium that grow in your very backyard. What are they? Find out by spiralling through this euphoric world of questions, illuminated reflections and Mycelium Mushrooms! Showing from 15th - 17th March, 7pm. Tickets at fringe.co.nz

Binge and Chill - as part of NZ Fringe Festival 2019

Potentially Playing Productions present "Binge and Chill", an exploration of control, addiction and mental health with a science fiction twist. Three flatmates get a new SmartTech fridge that starts to give them unsolicited advice about their unhealthy habits. Tues 19th March - Sat 23rd March. 7pm. Tickets \$10-\$15 from fringe.co.nz

HAPPENING AT NEWTOWN HALL, 71 DANIELL STREET

Music Time with Kirsten – koha entry

Musical play, fun and learning sessions for 2-4 year olds. Tuesday mornings 9.30 for 2-3yr olds, 10.20 for 3-4yr olds. Call Kirsten 027 573 0762.

HAPPENING AT NETWORK NEWTOWN, 9-11 CONSTABLE STREET

Wellington Meditation Course

What is really important in our lives - and what is not? In our challenging and dynamic modern world, meditation brings clarity, purpose, simplicity and calm. This is a FREE 4 week introductory course, Tuesday March 5th, 12th, 19th and 26th, 6.30-8pm. This is a structured course so please do not join after the 2nd week. More information: www.wellingtonmeditation.org

HAPPENING ALL OVER NEWTOWN

Great Newtown Garage Sale Day

Roller doors all over Newtown will be opened up for the annual "Great Newtown Garage Sales Day" on Saturday 16th March. It's not too late to register your garage sale, contact garage.newtown@gmail.com and if you're in the mood to spend, dig out some coins from under that couch and check out the map at bit.ly/2TJoyhx

"Celebrate Newtown" Bike KREW Rodeo

On 11th March, head to Carrara Park for a temporary bike playground for kids! Trained instructors will be on-hand for your 2-10 year olds. More details: bit.ly/2RVqth6

Newtown Neighbours' Night

Friday March 29th at Newtown Park (by the Zoo), 4.30- 7pm. An evening of free fun and free food, rain or shine! Enjoy games and activities for all ages, and share a meal and a friendly word with fellow Newtonians.